



The CCS Coronavirus - COVID - 19 Response

On Tuesday we sent an update on our Pandemic Policy via a school wide eblast. If you have not had the chance to review the email, please take the time to do so. CCS is hoping to provide the necessary resources to families to allow them to make informed decisions. It is particularly important to read the advisories if you are travelling over the March Break. We continue to monitor advice from federal and local health agencies, and their recommendations still focus on prevention: minimizing transmission, avoiding exposure, and self-isolation if you are ill.

Hand Hygiene and Respiratory Etiquette: Both federal and local health authorities are recommending hand hygiene and respiratory etiquette as the most important thing we can all do now to prevent contracting and spreading the virus, and self-isolating if ill:

- Respiratory etiquette means covering your nose and mouth during coughing or sneezing with a flexed elbow or a tissue and then discarding tissues into plastic-lined waste containers.
- [Hand hygiene](#) means washing your hands regularly, especially after using a tissue or touching commonly touched surfaces
- Self-isolating means that, if you are sick, whether with flu or any respiratory illness, including COVID-19, you do not come to school. Please stay home until you are healthy.

School Measures: At CCS, our custodial staff is making sure that they clean and disinfect key surfaces daily, especially those that are high touchpoint surfaces: doorknobs, push plates, lunch tables, etc.). In addition, many of our teachers regularly wipe desks and chairs down throughout the day.

We are also determined to make sure that students who may need to self-isolate for an extended period are able to continue to track with their classes. Further to this, we are also considering how, as a staff, we can continue to deliver classes for students remotely if school closures were to become a reality for an extended period.

March Break Travel: In the meantime, especially for those who are traveling during the March break, please keep an eye on [travel advisories](#) and be diligent in practicing the advice given above. Practicing good etiquette and hygiene, and staying away if you are sick is the best way we can love and protect the health of others in our community, especially those who may be immuno-compromised. Those travelling to high risk locations (China, South Korea, Italy, Japan and other locations as they are announced) will be expected to go into 14 day self isolation. For those travelling outside of Canada, please be alert to the latest government recommendations, as they change frequently. Should anyone in your family exhibit any of the symptoms of COVID-19 (fever, cough, shortness of breath, diarrhea), you are advised to go to urgent care.

Additional Resources: More information and updates on the status of COVID-19 can be found on these Canadian public health sites:

<https://www.ontario.ca/page/2019-novel-coronavirus>

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

You can also locate your local Public Health unit here:

<http://www.health.gov.on.ca/en/common/system/services/phu/locations.aspx>

Follow the links to show you the status in your own region. E.g. for Hamilton...

<https://www.hamilton.ca/public-health/health-topics/novel-coronavirus-covid-19>

We trust that God will provide even in times of uncertainty. Wishing you and your family a blessed and safe March break.